

New Aberdeen Neighbourhood Newsletter

The Historic "No. 2" Issue 3, Winter 2020

*Brought to you by the New Aberdeen Revitalization Society,
Warden United Church, and the Tompkins Institute (CBU)*



Taking a Break L to R: Phonse O'Brien, Harry Rideout, Aloysius Harrietha, Eddy Gillis

Holy Name Rink

"Working closely with the Holy Name Society, Father Robert Donnelly erected the Holy Name Rink on Ninth Street where the housing project now stands. This rink was a popular spot enjoyed by young and old alike."

- *St. John the Baptist Parish 90th Anniversary book. From the papers of Sister Martha Eileen.*

Deck the Halls!

Enter our holiday outdoor decorating contest. Details on page 2.

Holiday Outdoor Decorating Contest!

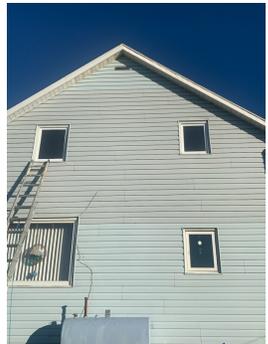
The week of December 28-January 1, volunteers from the New Aberdeen Affordable Housing Revitalization Society will be touring the neighbourhood looking for the best decorated houses. To enter, simply have your lights on and your decorations out. We'll announce the winners on the New Aberdeen Facebook page (and drop off a small prize at your home).

Thanks to everyone for making these holidays merry and bright!

Our Neighbourhood Handyperson project is at work!

This fall, the Affordable Housing Renovation Partnership, Warden United Church, and the CBU Tompkins Institute started a small handyperson project. Working with qualified contractors, we have already helped a few residents of our neighbourhood with minor repairs -- things like storm doors, windows, wind breaks, front steps, free of charge. We are using donated funds (no government grants).

We will be able to do a couple more small projects over the winter -- repairs to make homes safer, warmer, more functional etc. If you have something that you might want us to have a look at, please call Rita MacDonald at 902-539-0451.



From Warden United Church

Proud to be the church in the No. 2!

Church may look a little different these days, but we are meeting for worship **every Sunday at 11:30 am**. We are taking lots of measures to keep folks safe including cleaning (huge thanks to Alec, our janitor) and social distancing. A craft table is available for children every week. Please join us! You will be very welcome.

And even though we've had to slow down some activities, we continued to host the Good Food Bus throughout the fall, and we even hosted a socially-distanced, take-out Lunch and Learn, featuring music by Jack Ettinger. Thank you, Jack. Your music is always a treat.

In the coming weeks, we are looking forward to installing Jaycee's Food Cupboard at the church. Placed in memory of Jaycee Tracey, who died in 2019 of meningococcal septicemia, the cupboard will be available 24/7 to anyone needing food, or anyone wishing to donate food. Personal care items are also welcome to be placed in the cupboard. We're honoured to host the cupboard and keep Jaycee's kindness alive.

We want to wish the whole community a safe, peaceful, and joyful Christmas.

Rev. Alison Etter

902-849-6565

alisonlouiseetter@gmail.com



- **Christmas Eve**, we will be holding services at 4:00 pm and 8:00 pm. Please
- **RSVP**. Check our Facebook page for a Google Form, or call the church office at
- **849-6973**. Let us know exactly how many people are coming from your bubble.
- We will have safe, socially-distanced seating available for everyone.
- If you'd like to listen to a 20-minute church service from home, please
- call 902-595-2635 any time. It's a free, local call.

An Old-Fashioned Christmas in New Aberdeen

The *Warden Ladies' Guild Cookbook* was printed in August 1957. We're pleased to share these Christmas recipes with you. The name of each of the individual contributor is included.

Maureen MacDonald recalls how her, parents Tommy MacDonald and Helena Desveaux, received the book as a wedding gift when they were married at St. Anne's Church in Glace Bay on August 10, 1957. The book is now tattered, with notes and stains on favourite pages. Maureen writes, "One might say that it's barely recognizable as a 'book'... Mom eventually kept it in an upcycled milk bag." Maureen, we're glad you reminded us of this treasure!

Many thanks as well to Laurie Ross for suggesting these Christmas recipes.

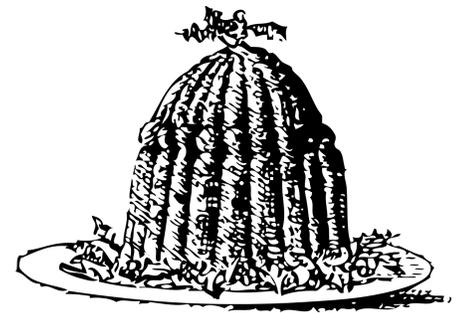
Christmas Plum Pudding

1 cup finely chopped beef suet or sh'ing	1/2 cup citron, sliced thin
2 cups fine bread crumbs	1 tsp. salt
1 heaping cup sugar	1 tsp. cloves
1 cup seeded raisins	2 tsps. cinnamon
1 cup well-washed currants	1/2 tsp. grated nutmeg
1 cup chopped almonds	4 well-beaten eggs

Dissolve a level teaspoon of [baking] soda in a tablespoon of warm water. Flour the fruit thoroughly from a pint of flour, then mix the remainder as follows:

In a large bowl, put the well-beaten eggs, sugar, spices and salt in one cupful of milk. Stir in the fruit, chopped nuts, bread crumbs and suet one after the other until all are used, putting in the dissolved soda last and adding enough flour to make the fruit stick together, which will take all the pint. Steam 4 hours.

- Florence MacLeod



S

Cherry Flips

1/4 lb butter	1/8 tsp salt
1/4 cup icing sugar	1 tsp almond extract
1 egg yolk	1 bottle cherries drained
1 cup flour	chopped nuts or coconut

Cream butter and sugar. Add egg yolk. Work in flour, salt, and flavouring. Pinch off a piece of dough enough to wrap a cherry in forming a ball. Bake in 325 degree oven until light brown. When cool dip in icing and roll in nuts or coconut.

Icing

Cherry juice and enough icing sugar to make a thin frosting.

- Marj MacNeil

Peanut Butter Balls

1/2 cup peanut butter
3/4 cup icing sugar
1/2 cup dates, cut fine

Mix all ingredients in bowl and add 1 tsp vanilla and 1/2 cup milk, enough to form a soft ball. Roll in coconut.

Uncooked Graham Cherry Squares

- Roll 36 graham wafers
- Cut in quarters 30 marshmallows
- 1 tin Eagle Brand milk
- 1/4 cup walnuts
- 6 cherries (cut)

Mix well and spread in pan 9 x 9. Sprinkle with 3/4 cup of coconut. Chill in refrigerator. Cut in squares.

- Julia MacLellan

Fruit Squares

- | | | |
|-------------------------|----------------------|----------------------------|
| 1 cup All Purpose Flour | 1 cup brown sugar | 1/4 cup cherries (chopped) |
| 1 tsp baking powder | 1 tsp. vanilla | 1 cup dates (chopped) |
| 1/2 tsp salt | 1/2 cup chopped nuts | 3/4 cup raisins |
| 2 eggs | | |

Beat eggs and sugar, vanilla. Add sifted dry ingredients, then fold in fruit nuts, spread in 8 x 8 pan lined with wax paper well greased. Bake in moderate oven 40 minutes. Cut in squares, remove from pan.

- Flo MacVicar

Oat Cookies

- | | |
|--------------------|----------------------|
| 3 cups rolled oats | 1 1/2 cup shortening |
| 3 cups white flour | 1 tsp. [baking] soda |
| 1 cup white sugar | 3/4 cup cold water |
| 2 tsp. salt | |

Combine rolled oats, flour, sugar, salt and soda. Work in the shortening as if for pastry. Moisten with water. Roll thin, using rolled oats on board. Cut into squares and bake in a moderate oven for about 15 minutes.

- Lena MacDonald



How to make simple tree ornaments

You will need

- Popsicle sticks
- Glue
- Felt or Paper

Glue three popsicle sticks together in the shape of a reindeer head. Add eyes and a red nose using felt or paper.

If you have some pipe cleaners, you can shape them into wreathes, trees, snowflakes, and more.

The ornaments in the photo were created by Mya and Heleena.

The Cape Breton Cow

by Eddie Britt

In a quiet Cape Breton dell
I saw a cow that they call Nell.
As she grazed and rang her bell
I wondered what story she could tell.
Then on the grass, fast asleep I fell
And dreamed I heard her very well.

The Cow Speaks:

*Oh yes, I have my joys and fears
And I have my troubles too;
I seek no sympathy or tears
But I'll share my thoughts with you.*

*I have stood for many a year
And, of course, sometimes I lay;
To me my job is very clear,
I make the milk. They take it away.*

*I do not have to punch a clock
Because I'm always here;
And my boss, I do not knock
And I drink no rum or beer.*

*To a union I don't belong.
I have no say in the things that be;
In my easy way I move along.
No, there's not much harm in me.*

*On any issues, to whom can I turn?
I really do not know,
Because with me, their only concern
Seems to be my milk rate flow*

*But as I laze and look and graze,
I sense trouble in the air,
For I hear people's voices raised
And they talk of things unfair.*

*They speak of a dairy farm up the line
Sending milk in here.
Up 'til now things were doing fine,
But now there is a fear.*

*I don't know who's wrong or right
I guess it's hard to say,
But frankly, I get a bigger fright
When they speak of aerial spray.*

*Some say there is no harm in spray
And they lay it smooth as silk;
But what in heaven's name I pray
Would it be doing in my milk*

*A lot of other pollution
Around me I do see,
And when they seek solution,
Will they think of me?*

*But all in all, life is not bad
In my little nook;
I just hope I am not had
By some money-making crook!*

*My friend, the bull, is over there
And I am sure you'll find
That like men almost everywhere,
He has a one-track mind.*

*So my thoughts I hereby vent
Some may think I have no view,
And to show my discontent
I just stand here and Moo.*

Did you know?

At one time, there were many farm animals in No. 2, including chickens and cows. Animals provided fresh milk and eggs to the families of coal miners.

One of the area's most notable residents, Dr. T. J. Khattar, raised goats, offering the goat milk to premature babies. Once, a neighbour complained that one of the goats got in her house. She was advised to complain to the health inspector. Of course, at that time, Dr. Khattar himself was in that role!

A Letter from Hawaii

Aloha from Oahu, Hawaii,

It was so sweet to see the New Aberdeen Neighbourhood Newsletter.

What do I really like about No. 2 / New Aberdeen? The memories. I grew up on Connaught Avenue and spent my childhood at John Bernard Croak School, while running the streets of No.2 right through my teen years. Any time I'm back home visiting, I love reminiscing about the days and nights spent with all of my friends hanging out at the basketball courts by the Hub Club, summer days swimming at the shore, candy runs to Margie's Dairy and Jude's Convenience.

How would I spruce up vacant lots? A playground for the kids. A garden, some flowers. Nice trees. (Here in Hawaii, I live up the street from a vacant lot that was transformed into the tiniest of parks with a couple of park benches, flowers, and a little walking path.) I'd also like to see a basketball court, volleyball net, or something else sport related.

How can you make the area safer for walking? Fix the sidewalks. Make sure they are salted. Create space for walking paths. Good lighting.

Historic buildings that are fascinating? Churches, palaces, homes as they were decades ago, anything with different architecture and beautiful artwork.

Recreational opportunities to consider are pond hockey teams, softball, walking clubs, reading or book clubs, cooking or baking classes, dancing, exercise classes, outdoor yoga (when weather permits), finding a way to make the ocean more accessible for swimming.

Some of my favourite parts of New Aberdeen? Vernon's. The water. Hallowe'en. When I was there last year for Halloween, I loved seeing the homes that were decorated with all of the lights, skeletons, and other monsters. I haven't seen great decorating like that in a long time. It really made the holiday more special. The classes I use to take part in at Ring 73, and the dances at the Hub Club.

New features for the neighbourhood? More walking trails, a coffee shop, a place to skate during the winter, and maybe a place to rollerblade, skateboard, or bike during the spring, summer, and fall months. Outdoor gym equipment possibly set up around the track.

Walking routes to suggest? The old road connecting the Hub to TableHead. Down through to Marconi Museum.



Winter memories: Members of the Holy Name hockey team of St. John's during the 1935-1936 season. *From the papers of Sister Martha Eileen.*

Just for fun: find the words

E S A
 H B V E X F O I U
 C Q K Y V Z B N S K V H C
 A U R D A Q I H R T D T W T S O E
 A G K W B K M M S E K Z C J H B E N C
 S V G S S P W D M A T B Q E X W M Z R L V
 S S Y N P E W F A S O J X N R T V J O V T
 W C A G O R C I N I G N S L F T A C O F Z J I
 C P N F I O D T R O D C G N I T A K S K M Y W
 E N N G Y T S T W K R Y A N X P K V J Z K L U L E
 T W F G E A I S D Q Z E L I R H O Q Z Y U K O H B
 M O N Q K R P E L N P X H K N U V L F H Y L Y M I
 E E H K E C O B I A U F C R C L B X E E V G W K F I O
 Y Q K P S O C E K O Q H M G O N X S L O R A C R F H S
 E L H Q W H E Z O C S W J C T J H A G N I D D U P Z O
 E D K E J D T O X Y P V R S U V M N Y Z L P A P V
 F Q K O U Y H C Z L G V F O M L T J I T K Z P A C
 T P M D A G O D O X I O I F G R S F E E C F E A V
 C M D W I N T E R X G E X N U I E P G O P S X
 J W M D G T M G J D K H C G T R R A E A A S L
 S N E E T B J Q E F Q T V T H N C C L C N
 O Z Z T U F E B U E C W S Q C M T O K X S
 P J G B R E Q U K A F S N Z F H L D S
 M O Y B R W U L Y N U S X C B B H
 G Y G J W H L B Y G I D P
 Q R B Y Z Q B N T
 E J Q

- CHRISTMAS
- CAPE
- BRETON
- ST
- NICHOLAS
- PUDDING
- COOKIES
- CHERRIES
- TREE
- COAL
- STOCKING
- CAROLS
- WINTER
- SKATING
- HOCKEY
- DECORATIONS
- LIGHTS

We'd love to hear from you!

Please send ideas, notes, photos, articles, or any interesting facts for the **New Aberdeen Neighbourhood Newsletter** to wardenunitedchurch@gmail.com.

Or by mail to:

New Aberdeen Neighbourhood Newsletter, c/o Warden United Church, PO Box 401, Glace Bay NS B1A 4J3